

Poem is a four-piece progressive rock/metal group based in Athens, and was formed at 2006. The lineup passed through some changes over the years. POEM constitutes by, George Prokopiou (vocals/guitar), Laurence Bergstrom (lead guitar), Stratos Haidos (bass) and Stavros Rigos (drums).

With a wide range of influences and love for experimentation, POEM embarked on a sound adventure defining their personal style from the very first songs. The four members have various musical backgrounds which they bring into the studio and rehearsals, creating music that none of them could compose alone. They like to experiment with different sounds and rhythms, so jamming freely is a liberating process for each member separately and also a very unifying process for the band.

In December 2008 Poem recorded their debut album "The Great Secret Show", which the Metal Hammer of Greece characterized as, "The best Greek debut album since '00s and one of the 10 best albums of the Greek metal scene ever released". As a result they caught the eye of several record companies and ended up signing with the Greek label "Dromos music" for a June 2009 release.

Their style of music can be classified as both progressive and alternative rock, with alternative metal undertones. Poem's potential is best reflected in their live performances. Chosen to open the concerts for some huge artists and bands of the metal scene, such as Ozzy Osbourne, Pain of Salvation, Paradise Lost, Burst, Mekong Delta, Cilice, Rotting Christ, among others, and also to participate in many festivals in Greece and in other European countries, they became quickly one of the best rock live acts. At 2014, METAL HAMMER of Greece, invited us to participate in the Tribute Album of PINK FLOYD's Masterpiece "The dark side of the moon" - along with the OCTOBER ISSUE (# 358) by playing the songs "Brain Damage" and "Eclipse".

At the moment, the band has recorded the follow-up album titled as "Skein Syndrome".

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MANAGEMENT: www.intromental.com