

MANTICORA

INTROMENTAL MANAGEMENT & BOOKING EUROPE
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MANTICORA catering requirements (ON TOUR)

Amount of people to feed: 10 with crew, 5 without.

Manticora will need in dressing-room:

16 sandwiches with miscellaneous cheese, miscellaneous meat
Tea, Coffee, sugar, milk
Fruit and/or Vegetables
10 liters of water
24 cans of soft drinks (Coke, Fanta and Sprite)
2 liters of orange juice
1 case of beer
10 BIG clean towels
A mirror
10 Red Bull or monster energy drinks
Chocolate bars and/or candy
3 bags of potato chips after show

Dinner: 10 persons before show (band+crew)

Note. Junk or fast food is NOT acceptable as dinner. Only good, healthy and nutrient food is acceptable, containing both protein, carbs, salt and fat.

Onstage requirements:

6 liters of non-carbonated water in half liter bottles
6 clean, small towels

!!! FOR FESTIVAL SHOWS:

Amount of people to feed: 7 (band + crew)

Festival catering is accepted. No vegans, no vegetarians and no dietary problems in the band or with the crew, so anything goes, as long as you feed us good and healthy food and there's enough to drink (both water, beer, red wine, tea, coffee etc.. :-)

Onstage requirements:

6 liters of non-carbonated water in half liter bottles
6 clean, small towels
Love